

Dear Dance Level I-IV Students and Parents,

Congratulations and welcome to the NOCCA Dance department for the 2018-19 school year. Prelude, NOCCA's orientation session, will be on **August 15th at the time the student's art instruction begins (either 1:15pm or 4:00pm)**. **This is a mandatory event.** The first day of class is **August 16th**, beginning promptly at **1:15 pm or 4:00pm**. If the student is in Academic Studio, he/she should report to school at 8:00am. Our program is a comprehensive, in-depth study for students who are seriously involved in all areas of dance. Students are instructed in classical ballet, modern, jazz and tap. You are required to participate in each class and maintain a high level of energy daily.

We will have four levels this school year in each discipline. This offers us the option of a "track" or concentration in Ballet, Modern, or Jazz/Tap/Commercial. This leveling system will resemble the previous year's system.

Attendance regulations are strictly enforced. Students will be expected to arrive at school, change into their dance attire and go directly to their assigned dance studio. Classes will begin promptly at 1:15 pm or 4:00 pm. Transportation to NOCCA is the responsibility of each student. Failure to arrive on time and be fully dressed and ready for class will result in a tardy for that day. Repeated tardiness is reason for dismissal from NOCCA. **Upon a student's 6th unexcused absence in a semester, he or she will be placed on a growth plan until the end of the semester and will not be permitted to rehearse or perform outside of the dancer's regular class schedule.**

Dress requirements for all levels and students: Failure to attend class fully dressed (appropriate dance clothes and hair secured away from the face) demonstrates a flagrant disregard for the dress code and an unprofessional work ethic. **Dancers failing to dress properly will be asked to purchase the required dance wear from us to wear that day.**

NOCCA will provide one leotard or T-Shirt, one pair of pink tights for girls, and one pair of black tights to each student. We will maintain an inventory of these garments. Additional leotards and tights may be purchased from us or acquired personally at www.discountdance.com.

The Dance Department Dress Code will consist of a single style, black leotard for all students. We will be providing one tank top leotard to each female student. If you wish to purchase more the styles are: Capezio Adult Tank Leotard, Style No. CC202 or Theatricals Adult Pinch Front Cotton Leotard, Style No. N5501 from Discount Dance Supply. Convertible, mesh, backseam tights will be Theatrical Pink, and Black. For boys, NOCCA will provide one Capezio Fitted Tactel Crew Neck T-Shirt, Style No. 10358 in white, and one pair of Black Footed tights.

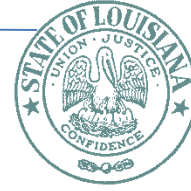
Female Dress Requirements

Ballet: Black leotard, pink tights, pink ballet slippers, pointe shoes for specific levels.

Modern: Black leotard and black footless/convertible tights.

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Jazz: Black leotard, black tights, black jazz shoes (no jazz sneakers), and tap shoes. **Please see attached TAP SHOE RECOMMENDATION SHEET.**

Hip-Hop: The NOCCA Dress Code appropriate leotard will be the base for all Hip-Hop attire. Baggy T-shirts, sweatshirts, or light jackets may be worn over base. Baggy pants, sweatpants, athletic pants, leggings, Harem pants, and yoga pants are acceptable. **All clothing will be solid black in color** and of a single fabric. Cut-outs, lace, mesh, glitter, sequins, studs, grommets, lamé, or large stripes will not be allowed. Small, discreet brand logos will be acceptable. Large brand logos will not be allowed. Hats and hoods may not be worn. Male dancers may substitute black shirts for white in this discipline.

Footwear: Tennis shoes, sneakers, or dance boots with non-scutto soles will be required for class. Shoes will be black or white in color, and be tied securely while dancing. Socks will be black or white and match. There will be no jewelry, such as earrings, bracelets (wrist and ankle), necklaces, and rings worn.

Hair: For Hip-Hop, hair will be pulled away from the face but may be loose in nature. Ponytails, pigtails, and natural hair are recommended.

Hair: HAIRSTYLE FOR FEMALES Ballet, Modern, Tap, Jazz

Hair of any style should be smooth and pulled away from face and in a tight secure "Ballet Bun". Because of the aesthetic quality, safety, discipline and technical demands of dance, it is imperative for the female hairstyle to be in the uniform "Ballet Bun" and of a size that accommodates partnering, balance, all turns and jumps. This hair policy is for all disciplines except Hip-Hop or unless otherwise directed by the instructor.

MALES AND FEMALES

No braids, loose twists, extensions that cannot be secured in bun, bantu knots, cornrows, mohawks, no sculpted hair cuts, no ponytail, hair color/ dyes/ hennas (for performances), headwraps and/or scarves during dance departmental classes. Thin, black headbands will be permitted. Students with shorter, natural hair may secure hair into a puff that is neat and pulled back away from the face and off of the neck. Only thin, black headbands will be permitted.

Undergarments: Flesh colored brassieres must be able to be concealed under a tank top leotard. Please refrain from wearing designer/fashion bras. A flesh colored bodysuit or camisole may be worn under the leotard. Panties will not be worn. Tights will have no runs.

Please be advised that long fingernails can be dangerous in class. Fingernails should be clipped at the fingertip. This policy will be strictly enforced.

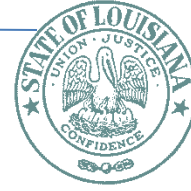
JEWELRY AND BODY ADORNMENTS

- No rings, nose rings, body adornments, watches, bracelets, necklaces, earrings, etc. (only small stud earrings allowed)
- No nail or toe polish for performance (fingernails must be no longer than fingertips)
- Visible tattoos must be covered with makeup daily.

Socks, alone, are NEVER appropriate footwear in the Dance Department.

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Male Dress Requirements

REQUIREMENTS HAIRSTYLE FOR MALES

Neatly close-cropped hair cuts

Ballet: White T-shirts (form fitting and tucked in), black tights, dance belt, thin white socks, and white ballet slippers. A thong style dance belt is required.

Modern: White T-shirts (form fitting and tucked in) and black footless/convertible tights.

Jazz: White T-shirts (form fitting and tucked in), black tights, black jazz shoes (no jazz sneakers), and tap shoes.

Undergarments: Thong style dance belt

Fingernails should be clipped at the fingertip.

Jewelry such as earrings, bracelets (wrist and ankle), necklaces and rings, must be removed before entering class.

No student may consider or accept any outside performance engagements without first contacting and gaining permission in writing from the faculty. This rule applies to engagements that begin rehearsing prior to the start of school, but that are in production after classes have begun. Although we do not discourage performing in local venues, these performances **cannot** conflict in any manner with NOCCA or its programs and curriculum. All Dancers are expected to put NOCCA first at all times (this includes dance school practices, competitions, conventions, and outside performances). **Freshman students will not be allowed to commit to outside performances, competitions, conventions or the like. More than 5 absences or check-outs per semester will result in disciplinary action up to and including dismissal from the Dance Program.**

Maintaining good health and being injury free is also essential to your artistic growth. Note that any injuries or prolonged illnesses could jeopardize your enrollment eligibility at NOCCA.

Pregnancy policy

If a student becomes pregnant or is suspected of being pregnant, the students' medical condition will be referred to administration to await verification by a physician. For the safety of the student, and to alleviate any liability of the faculty, school or school system, the student will NOT be permitted to participate in the rigorous daily dance classes.

Physical Contact Policy

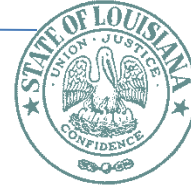
Parents and students should understand that certain aspects of artistic training require physical contact, with instructors, guest artists and other students. Only physical contact that is safe and appropriate for professional training will be used in the classroom.

Maintaining good health and being injury free is also essential to your artistic growth. Note that any injuries or prolonged illnesses could jeopardize your enrollment eligibility NOCCA.

All Dance students are required to attend all NOCCA Dance Productions during the school year. Non-attendance at these performances will result in a loss of credit in accordance with the terms of your signed Enrollment Contract.

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All Level 1 students will have an extra mandatory class in Dance Studies focusing on Anatomy and Physiology, and Nutrition. If you are enrolled at 1:15, your Dance Studies Class will be 4:00 – 5:15 one day per week.

Please remember that all students have been admitted on a probationary basis. At any time the faculty may decide that it is in the best interest of the student to return to the sending school full time.

The next nine months will be a wonderful opportunity for artistic growth as long as you follow the simple guidelines set forth. We are looking forward to your commitment to the program and your continued growth as an artist. Have a great summer and be ready for an exciting and challenging school year.

Sincerely,

The NOCCA Dance Faculty

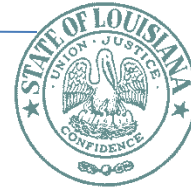
Karl Condon, Chair

kcondon@nocca.com

(504) 940-2843

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NOCCA TAP SHOE SPECIFICATIONS & RECOMMENDATIONS *updated April 11, 2017

- **GENERAL INFORMATION:**

- Black
- Oxford Style, Lace up
- No Mary-Jane or Slip-On Shoes allowed
- Must have a full sole that runs across the bottom of the shoe
- "Split-sole" or flexible jazz shoe style is not acceptable
- Single or Double Sole is fine
- Hard toe box strongly recommended
- Rubber on bottom of soles not recommended
- Shank not recommended

- **METAL TAPS:**

- Capezio Tele-Tone or Supersonic Recommended
- 3 Screws
 - 1-screw taps are not acceptable or stable
 - These can be found on Capezio CG09, which we do NOT recommend
 - Must be *actual screws*, not brads
- We recommend that all dancers carry a screwdriver in their dance bag to make sure that screws on taps are properly maintained in order to protect our floors

- **RECOMMENDED STYLES:**

- 736- Zoot Rhythm U-Tip Tap (\$47.00)
 - Can be purchased from <http://www.dancingfair.com>
- GS1- Matteo Grounded Sole (\$85.00)
 - Can be purchased from <http://www.dancingfair.com>
- Bloch Jason Samuel's Smith Women's/ Men's Tap Shoes (\$160)
 - Can be purchased from <http://www.discountdance.com>
- Miller & Ben Jazz Tap Master (\$235)
 - Can be purchased from <http://www.dancingfair.com>
- K360- Capezio K360 Tap Pro (\$285)
 - Can be purchased from <http://www.dancingfair.com>

- **RECOMMENDED RETAILERS:**

The Fair, Inc./ Dancing Fair

2260 Terminal Road - Roseville • Minnesota 55113

(651) 631-1415

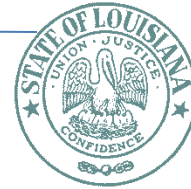
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Discount Dance

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For specific questions, please email NOCCA's Tap Instructor: Heidi Malnar at hmalnar@nocca.com

Outside Activity Request Form

The Dance Department at NOCCA encourages its students to seek out and participate in dance related outside activities such as: rehearsals and performances; conventions; competitions; dance festivals; parades, and recitals, etc. It is our intention that these related activities enhance the dance education and performance opportunities for the student. In order to increase transparency and communication between the faculty, our students and our NOCCA parents, we are prepared to grant permission for such activities as long as the following guidelines have been met. The student will receive an affirmative response to a dance related activity when the student has:

- Completed an Outside Activity Request form, signed by student and parent/guardian
- Maintained a B average in Dance at the time of the outside activity
- Maintained at least a 2.0 GPA at the time of the outside activity
- Not been placed on a growth plan of any kind at the time of activity
- Not exceeded five unexcused absences per semester (including outside activity days/dates)
- Not exceeded two requests per semester
- Remained in good standing with the entire Dance Department faculty
- Submitted a request that is objectively considered by the faculty to be in the best interest of the student's dance education with regard to student's health and well being, technical and artistic growth, community building opportunities, and relationship building opportunities

Please note: Dance related outside activities are not considered excused absences by NOCCA, the Dance Department or the State of Louisiana.

Name _____ Grade _____

Date(s) of request _____

Current GPA _____ Most recent Arts grade _____

Name of Organization _____

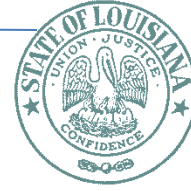
Dance Disciplines required _____

Location _____

Brief description of Outside Dance Activity:

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Parent Signature _____ Student Signature _____