



Dear Dance Middle School Students and Parents,

Congratulations and welcome to the NOCCA Dance Middle School program for the 2018-19 school year. All students are required to attend Prelude (NOCCA's orientation) on **Wednesday, August 15<sup>th</sup> at 4:00pm. Students should report to their arts instruction class. This is a mandatory event.**

Our program is a comprehensive, in-depth study for students who are seriously involved in all areas of dance. Students are instructed in classical ballet, tap, modern, and jazz. You are required to participate in each class and maintain a high level of energy daily.

**Your first day of class will be Thursday September 6th. The schedule will be as follows: 7th grade will have classes on Tuesday and Thursday, and 8th grade will have classes Tuesday, Wednesday and Thursday.**

**Attendance regulations are strictly enforced.** Students will be expected to arrive at school, change into their dance attire and go directly to their assigned dance studio. Failure to arrive on time and be fully dressed and ready for class, will result in a tardy for that day. Repeated tardiness and absences (5 unexcused per semester) are reasons for dismissal from NOCCA. Transportation is the responsibility of each student.

**Dress requirements for all levels and students:** Failure to attend class fully dressed (appropriate dance clothes and hair secured away from the face) demonstrates a flagrant disregard for the dress code and an unprofessional work ethic. **Dancers failing to dress properly will be asked to purchase the required dance wear from us to wear that day.**

**The Dance Department Dress Code will consist of a single style, black leotard for all students.** To purchase, the styles are: Capezio Adult Tank Leotard, Style No. CC202 or Theatricals Adult Pinch Front Cotton Leotard, Style No. N5501 from Discount Dance Supply. Convertible, mesh, backseam tights will be Theatrical Pink, and Black. For boys, Capezio Fitted Tactel Crew Neck T-Shirt, Style No. 10358 in white, and Black Footed or convertible tights.

### **Female Dress Requirements**

**Ballet:** Black leotard, pink tights, pink ballet slippers.

**Modern:** Black leotard and black footless/convertible tights.

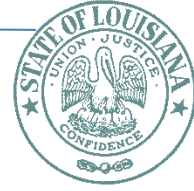
**Jazz:** Black leotard, black tights, black jazz shoes (no jazz sneakers), and tap shoes.

**Tap: Please see attached TAP SHOE RECOMMENDATION SHEET.**

**Hair:** Hair of any style should be smooth and pulled away from face and in a tight secure bun. Because of the aesthetic quality, safety, discipline and technical demands of dance, it is imperative for the female hairstyle to be secured off of the face and neck, and of a size that accommodates

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partnering, balance, all turns and jumps. This hair policy is for all disciplines unless otherwise directed by the instructor. No braids, loose twists, or extensions that cannot be secured in bun. No bantu knots, cornrows, mohawks, no sculpted hair cuts, no ponytail, hair color/ dyes/ hennas (for performances), headwraps and/or scarves during dance departmental classes. Students with shorter, natural hair may secure hair into a puff that is neat and pulled back away from the face and off of the neck. Only thin, black headbands will be permitted.

**Undergarments:** Flesh colored brassieres must be able to be concealed under a tank top leotard. Please refrain from wearing designer/fashion bras. A flesh colored bodysuit or camisole may be worn under the leotard. Panties will not be worn. Tights will have no runs.

**Fingernails: Please be advised that long fingernails can be dangerous in class. Fingernails should be clipped at the fingertip.**

**Jewelry and body adornments:**

- No rings, nose rings, body adornments, watches, bracelets, necklaces, earrings, etc. (only small stud earrings allowed)
- No nail or toe polish for performance (fingernails must be no longer than fingertips)
- Visible tattoos must be covered with makeup daily.

**Socks, alone, are NEVER appropriate footwear in the Dance Department.**

### **Male Dress Requirements**

**Ballet:** White T-shirts (form fitting and tucked in), black tights, dance belt, thin white socks, and white ballet slippers. A thong style dance belt is required.

**Modern:** White T-shirts (form fitting and tucked in) and black footless/convertible tights.

**Jazz:** White T-shirts (form fitting and tucked in), black tights, black jazz shoes (no jazz sneakers), and tap shoes.

**Hair:** No braids, loose twists, or extensions that cannot be secured in bun. No bantu knots, cornrows, mohawks, no sculpted hair cuts, no ponytail, hair color/ dyes/ hennas (for performances), headwraps and/or scarves during dance departmental classes. Students with shorter, natural hair may secure hair into a puff that is neat and pulled back away from the face and off of the neck. Only thin, black headbands will be permitted.

**Undergarments:** Thong style dance belt

**Fingernails should be clipped at the fingertip.**

**Jewelry such as earrings, bracelets (wrist and ankle), necklaces and rings, must be removed before entering class.**

**No student may consider or accept any outside performance engagements without first contacting and gaining permission in writing from the faculty. This rule applies to**

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engagements that begin rehearsing prior to the start of school, but that are in production after classes have begun. Although we do not discourage performing in local venues, these performances **cannot** conflict in any manner with NOCCA or its programs and curriculum.

**All supplies and rehearsal wear should be purchased ahead of the first day of class.** On the first day, we will begin classes, and if you are not dressed out you will not be able to participate and will already be behind. Also, make sure you have enough clothes for the entire week. We cannot accept any excuses— you either dress out or you do not take class. A reminder that all items—shoes, notebooks, binders and such—must be clearly marked with your name.

**Maintaining good health and being injury free is also essential to your artistic growth. Note that any injuries or prolonged illnesses could jeopardize your enrollment eligibility at NOCCA.**

### **Physical Contact Policy**

Parents and students should understand that certain aspects of artistic training require physical contact, with instructors, guest artists and other students. Only physical contact that is safe and appropriate for professional training will be used in the classroom.

The next few months will be a wonderful opportunity for artistic growth as long as you follow the simple guidelines set forth. All Dance students are required to attend all NOCCA Dance Productions during the school year. Non-attendance at these performances will result in a loss of credit in accordance with the terms of your signed Enrollment Contract.

We are looking forward to your commitment to the program and your continued growth as an artist. Have a great summer and be ready for an exciting and challenging school year.

Sincerely,  
The NOCCA Dance Faculty  
Karl Condon, Chair  
[kcondon@nocca.com](mailto:kcondon@nocca.com), Phone: (504) 940-2843

## **NOCCA TAP SHOE SPECIFICATIONS & RECOMMENDATIONS**

*\*updated April 11, 2017*

- **GENERAL INFORMATION:**

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- Black
- Oxford Style, Lace up
- No Mary-Jane or Slip-On Shoes allowed
- Must have a full sole that runs across the bottom of the shoe
- "Split-sole" or flexible jazz shoe style is not acceptable
- Single or Double Sole is fine
- Hard toe box strongly recommended
- Rubber on bottom of soles not recommended
- Shank not recommended
- **METAL TAPS:**
  - Capezio Tele-Tone or Supersonic Recommended
  - 3 Screws
    - 1-screw taps are not acceptable or stable
      - These can be found on Capezio CG09, which we do NOT recommend
    - Must be *actual screws*, not brads
  - We recommend that all dancers carry a screwdriver in their dance bag to make sure that screws on taps are properly maintained in order to protect our floors
- **RECOMMENDED STYLES:**
  - 736- Zoot Rhythm U-Tip Tap (\$47.00)
    - Can be purchased from <http://www.dancingfair.com>
  - GS1- Matteo Grounded Sole (\$85.00)
    - Can be purchased from <http://www.dancingfair.com>
  - Bloch Jason Samuel's Smith Women's/ Men's Tap Shoes (\$160)
    - Can be purchased from <http://www.discountdance.com>
  - Miller & Ben Jazz Tap Master (\$235)
    - Can be purchased from <http://www.dancingfair.com>
  - K360- Capezio K360 Tap Pro (\$285)
    - Can be purchased from <http://www.dancingfair.com>

- **RECOMMENDED RETAILERS:**

**The Fair, Inc./ Dancing Fair**

2260 Terminal Road

Roseville • Minnesota 55113

(651) 631-1415

<http://www.dancingfair.com/>

**Discount Dance**

<http://www.discountdance.com>

For specific questions, please email NOCCA's Tap Instructor: Heidi Malnar at [hmalnar@nocca.com](mailto:hmalnar@nocca.com)

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