

College and Career Planning

Lara Naughton: (Ms Lara) she/her

College Counselor: My role is to advocate for you

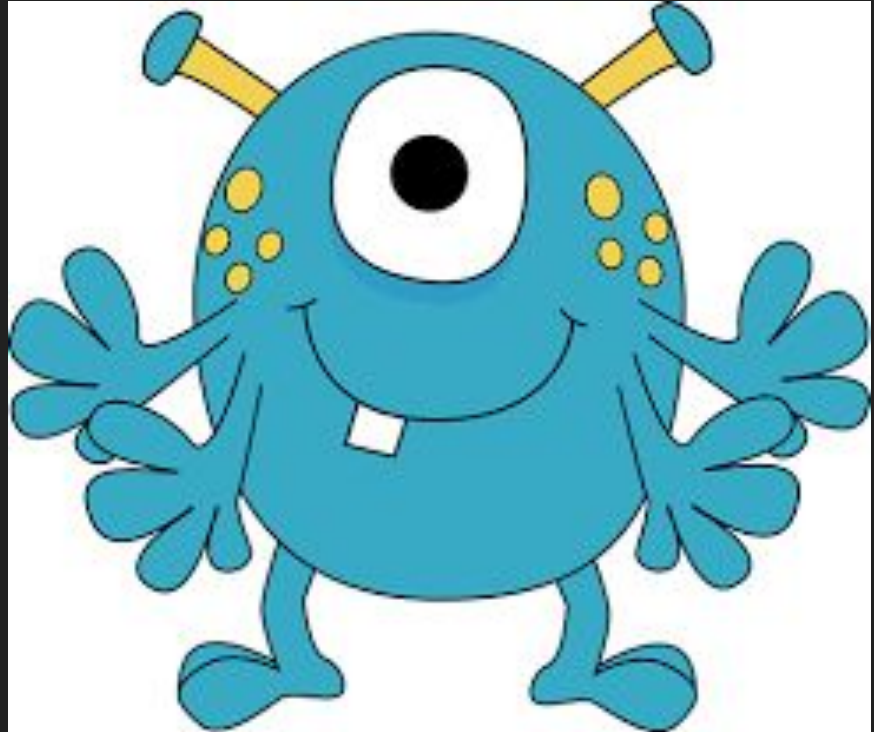
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Ready?

Let's Go!

Many Arms of College/Career Planning

1. Personal Vision
2. Knowledge and Skills
3. Tools and Resources
4. Willingness and Self-Care



Personal Vision



"HOW WE SPEND OUR DAYS IS, OF COURSE, HOW WE
SPEND OUR LIVES."

- ANNIE DILLARD

Life doesn't "begin" when you leave NOCCA.

Your future grows from your "now."

How you
apply yourself now,
spend your time now,
let yourself succeed and fail now,
trust and love yourself now,
matters.

Personal Vision

Before you choose **where**, it helps to know **why**. Your “why” is an extension of your **personal vision** for your life. It’s okay if you’re not sure -- it’s a lifelong discovery process!

Choose one to answer:

I am in this world to _____

What I see for myself is _____

My goal/intention is to _____

Knowledge and Skills: Post-Secondary Options

- **University:** larger institutions with undergraduate and graduate programs
- **College:** smaller institutions that emphasize undergraduate programs
- **Conservatory:** focus on curriculum in the arts
- **HBCU:** historically black college or university
- **PWI:** predominantly white institution
- **Military Academy:** education in a military environment
- **All Women's College:** for students who live and identify as female or non-binary
- **Community College:** two-year school; associate degree or certificate
- **Technical College:** two-year school focused on technical career
- **Gap Year:** year between high school and college
- **Career:** professional job (paid)

Knowledge and Skills: Is It A Match?

	Arts	Academics	GPA/ACT	Cost	Culture	Location	Other
Reach							
Level							
Likely							

A match is more than “can I get in?” Is the school right *for you*?

Knowledge and Skills: Frequently Used Terms

Common Application: standard application accepted by many schools

Early Action (EA): apply early to receive early decision; not binding

Early Decision (ED): apply early to 1st choice school to receive early decision; binding

Rolling Admission: admissions consideration based on when application is received

Priority Date or Deadline: deadline to be given strongest consideration (GOAL)

GPA: grade point average (4.0 scale)

Weighted GPA: adjusted to give weight to AP/Honors/DE classes (5.0 scale)

TOPS GPA: calculated using only core academic courses

Class Rank: academic comparison of students by grades; NOCCA does not rank

Transcript: official record of coursework (report card)

Test Optional: ACT /SAT score is not required to be considered for admission

Fee Waiver: allows you to apply without paying application fee; based on income

Knowledge and Skills: Components of an Application

Application Form

Audition/Portfolio (work with arts faculty to prepare)

Essay (essay workshop on Friday, Sept 11, 4:30 p.m.)

Supplemental Essays

Resume: list of activities, jobs, skills, etc. (create on SCOIR)

Transcript (sent by counselor)

Letters of Recommendation (sent by faculty)

Counselor Letter (sent by counselor)

School Profile (sent by counselor)

FAFSA Form: Free Application for Federal Student Aid (completed by parent)

CSS Profile: College Scholarship Service Profile (additional financial aid form for individual schools; completed by parent/guardian)

Knowledge and Skills: College Applications

EARLY IS BETTER

THE GOAL IS TO SUBMIT APPLICATIONS
BY THE SCHOOL'S PRIORITY DEADLINE
(usually Nov 1)

The Procrastinate-No-More Club: Mondays at 5 p.m.

Knowledge and Skills: Email Etiquette

Think of every email to college representatives as part of your official application. You can practice with your college counselor and faculty!

Greeting: **Dear, Hi, or Hello**, (not Hey)

Body: Write your message in **full sentences**.

Closing: **Thank you**, or **Sincerely**,

Signature: Include your **name**

Hi Ms. Lara,

I'd like to meet with you to talk about my college plans. I'm excited about my future but I'm also confused! I can meet any day this week after 4 p.m.

Thank you,

Name

Knowledge and Skills: To-Do List

September/October:

Do your best in arts and academics!

Complete the pre-college survey and meet with college counselor

Research colleges: websites, virtual college visits, tours, interviews

Narrow list of colleges and include deadlines

Work with arts faculty on audition/portfolio materials

Write your essay: essay workshop Fri, Sept 11 at 4:30 p.m.

Request letters of recommendation

Take ACT practice tests -- ACT is on Oct 6

Ask parent/guardian to complete FAFSA form -- available Oct 1

Remember: Mr. Burke is available to help with time management

Dr. Cornell is available to help with stress and anxiety

Self Care: Pause and Breathe

Take three deep breaths:

Breathe in

Breathe out

Tools and Resources

SCOIR - search for and compare schools, build resume (“My Profile”), request letters of rec, send messages to college counselor, YouScience career profile

Common Application: <https://www.commonapp.org/>

Big Future: <https://bigfuture.collegeboard.org/>

College Websites

Faculty, Family, Community Network, Alumni, Friends

FAFSA: <https://studentaid.gov/>

Tools and Resources: Upcoming Events

College Visits are listed on SCOIR and NOCCA website under College Counseling

National Virtual College Fairs: Sept 13, Oct 12, Oct 18, Nov 8

College Coffee Hours: Saturday morning workshops for parents and students



College Search

My Colleges

My Profile



Events & Deadlines

Filters

- Application Deadlines
- College Visits
 - All Upcoming Visits
 - Visits from My Colleges
 - Only My Registered Visits
- Office Hours

September 2020

3
Thu



Office Hours with Lara Naughton

Time:
06:00 PM – 07:00 PM

Location:
TBD

1
Registered

[View](#)



Registered

10
Thu



University of New Orleans
New Orleans, LA

Time:
04:00 PM – 04:30 PM

Meeting Link:
[Launch Meeting](#)

0
Registered

[View](#)



Count Me In

11
Fri



SMU Meadows School of the A...

Time:
01:00 PM – 02:00 PM

Meeting Link:
[Launch Meeting](#)

0
Registered

[View](#)



Count Me In

13
Sun



NACAC National College Fair

Time:
11:00 AM – 07:00 PM

Meeting Link:

0
Registered

[View](#)



Count Me In



Willingness and Self-Care

Ask yourself on a regular basis: “Am I willing to...”

- ...show up and do my best
- ...stretch beyond my comfort zone
- ...be open to other possibilities
- ...ask for help when I need it

Where you go does not determine who you'll be!

You're not alone. We're in this together.